



Ron Brown College Preparatory High School

Home of the Monarchs



RBHS Healthy School Initiative

RBHS Young Kings CAN bring Water and/or Sports Beverages; healthy snack foods	RBHS Young Kings CANNOT bring SODAS, CANDY, CHIPS, SUGARY DRINKS and/or ENERGY DRINKS
<ul style="list-style-type: none">• Water—Some examples are:<ul style="list-style-type: none">○ Bottled water○ Propel Fit Water○ Coconut Water○ Sparkling WaterNO GLASS CONTAINERS• Sports Beverages<ul style="list-style-type: none">○ Gatorade○ PowerAde○ Vitamin water○ VitaCoco• Snack foods<ul style="list-style-type: none">○ Crackers○ Cereal Bars○ Sunchips○ Raw fruits/vegetables	<ul style="list-style-type: none">• Sodas—such as:<ul style="list-style-type: none">○ Coke products○ Pepsi products○ Mountain Dew (or any variation)○ Dr. Pepper (or any variation)○ Any brand of Soda (store brand, etc.)• Candy:<ul style="list-style-type: none">○ Candy bars○ Fruity/Chewy candy○ Chocolate○ Lollipops• Chips:<ul style="list-style-type: none">○ Taki's○ Cheetos○ Doritos○ Funyuns○ Hot Fries○ Pork Rinds○ Any not listed on approved list• Sugary Drinks<ul style="list-style-type: none">○ Big Hugs○ Arizona Teas○ Arnold Palmer Half and Half○ Tampico○ Tahitian Treats○ Kool-Aid○ Any not listed on approved list• Energy Drinks<ul style="list-style-type: none">○ Monster○ Red Bull○ Rockstar○ Nos○ Amp○ Full Throttle○ Any not listed on approved list

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“Now is the accepted time, not tomorrow, not some more convenient season”
W.E.B. DuBois